



**“What is Real?” asked the rabbit...Does it happen all at once?**

**“It doesn’t happen all at once” said the Skin Horse.**

**“You become. It takes a long time. That’s why it doesn’t happen to people who easily break, or have sharp edges or have to be carefully kept.**

**Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But these things don’t matter at all, because once you are Real, you can’t be ugly, except to people who don’t understand.”**

**“The Velveteen Rabbit or How Toys Become Real”**

**By Margery Williams; Illustrations by William Nicholson  
Doubleday & Company**

<http://digital.library.upenn.edu/women/williams/rabbit/horse.jpeg>

Tom Lavin MFT, LCADC, ACATA/775-323-3330/www.easeap.com

