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"Nature sustains life through three simple principles: gentleness, frugality, and humility.
When one is gentle, he does not have to fear retaliation; When one is frugal, he can afford to be generous; When one is humble, no one challenge his leadership.

Simply be yourself.
Act naturally.
Refrain from aggressive selfishness.
Do not give in to trying to possess everything."

<u>Tao Te King</u>, Lao Tze