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"...a person should not ask what he may expect from life, but should rather understand that life expects something from him...

...human existence always points, and is directed, toward something other than oneself...towards meanings to fulfill, or toward other human beings to encounter lovingly....man is human to the extent that he overlooks and forgets himself by giving himself to a cause to serve or another person to love."

The Doctor and the Soul, Viktor Frankl MD, PhD