

**EAS/EmployeeAssistanceServices**  
**Employee Assistance-Psychotherapy**  
**Tom Lavin MFT, LADC**  
**540 West Plumb Lane, Suite 1A**  
**Reno, NV 89509**  
**775-323-3330**  
**www.EASEAP.com**

**April, 2009**



**“If you want to be happy, find  
something to do,  
someone to love,  
something to hope for.”**  
*Chinese Proverb*